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Saint Benedict: Himself, His Rule, His Disciples

For more than 1500 years countless men and women have followed in the footsteps of the man known as the Father of Western Monasticism, heeding the example of the early followers of Jesus as described in Acts of the Apostles.

At the close of the 20th century, a group of laymen and women in Chile organized a movement based on the teachings found in the Rule St. Benedict wrote for his monastery. Known as the Manquehue Apostolic Movement, they have taken these teachings and moved them from the cloister into the world. Who was Saint Benedict? What is it about his Rule that has allowed it to endure for 1500 years? Who are these men and women — both in the cloister and in the world — that have claimed St. Benedict as their spiritual father? How is the Rule applied to lay community life?